

# Meeting Minutes

Scottsdale Parent Council

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## Directions for Meeting Minutes

Include alternatives considered for important decisions to show diligence and reasonable care; Record recusals from discussions and abstentions from voting; Include those votes that were against a motion and Include action items, what people commit to do.

Meeting type: \*

- General Monthly Meeting
- Executive Board Meeting
- Special Meeting

Date: \*

MM DD YYYY

02 / 12 / 2020

Time: \*

Time

09 : 30 AM ▼

Location: \*

Mohave District Annex, 8500 E Jackrabbit Rd

Meeting called to order at: \*

Time

09 : 40 AM ▼

Executive Board Members Present: \*

Lara Palles, Lisa Kanarish, Karen Gifford, Emmie Cardella, Brehan King

Executive Board Members Absent: \*

Megan Princ

Quorum Present? \*

Yes

No

Names of other guests in attendance: \*

SPC Reps: Shon Parsons, Katy Campinini, Laura Weeshoff, Stef Swiergol, Jen West, Carrie McGarry, Jen Dingman, Jen McDowell, Jan Voelkel, Andrea Augustine, Susan Hughes, Mike Peabody

General attendance: Kim Guerin, Jann Michael Greenburg, Melissa Sackos, Ibi Haghightat, Maria Bauman, Debbie Marinshaw, Kelly Flores, Demetra Preslet, Shea Najafi, Stacy Edwards, Lindsay McHugh, Kyra King Neves, Scott Courtad, BrendaCourtad, Cati Casey, Julie Moses, Tara McConnell, Brad Duel,

### Information & Discussion Items

Please list name(s), title of speaker(s) and key points made.

## Officer & Committee Chair Reports: \*

Lara Palles, President provided brief welcome and board introductions.

Chair of Advocacy, Lisa Kanarish reviewed members of the legislature's Request to Speak system and reviewed SB 1224, an expansion of ESAs that would allow public dollars to be used at out of state private schools.

Scottsdale Believe, Debbie Marinshaw, Kelly Flores, and Stacy Edwards introduced their grassroots organization and its work to reduce/eliminate the use of harmful pesticides by City of Scottsdale at parks and other public grounds. They made a call for petitioners.

Go With the Flow, Demetra Preslet introduced the GWTF program which supplies free menstrual hygiene products to students in Pima, Maricopa, and spinal counties and is now working with SUSD.

Chair of Outreach, Emmie Cardella announced the Spring PTO Roundtable scheduled 3/31/20, made a call for donations for Project Prom, and a call for volunteers for SPC's tabling event at Tonalea March 18, 19, and 20.

Chair of Communications, Lara Palles introduced Laura Weeshoff, newly appointed chair of newly formed subcommittee, School Marketing interest group. Laura Weeshoff describes purpose of new school marketing group and discussed social media projects for Public Schools Week.

Chair of Programming, Karen Gifford announced next general meeting, March 4th at 6 pm, which will focus on student safety. AZ Play it Safe and Amy Palatucci will join us.

SUSD Governing Board member, Jann Michael Greenburg made brief announcement regarding the superintendent search process and encouraged attendees to talk to their parent representatives with any questions/concerns.

Superintendent Dr Kriekard made brief announcements, noted SUSD's strong showing at the Parade Del Sol, announced Coronado won a 5E Gear Up Grant through Northern Arizona Univ to help prepare students for post secondary education, worth \$300,000 for 7 years. Dr Kriekard also reviewed the superintendent interview process, describing the goal of an inclusive and diverse set of interview teams representing various stakeholders. The three supt finalists were decided by the governing board.

## Guest speakers: \*

Patti Bilbrey, SUSD Nutrition Services "Our mission is to make sure EVERY child has the nutrition they need, their bellies full, ready to learn and grow." SUSD Nutrition Services has been working with parents on the Nutrition Initiative, a program piloted at Pueblo during the 2019 school year and now expanded to all SUSD campuses. The SUSD Nutrition Initiative has removed all a la carte items containing MSG, BHT/BHA, and high fructose corn syrup, reduced artificial food dyes and nitrites/nitrates in cafeteria offerings, and increased healthy selections such as Bistro packs, vegetarian options, and healthy desserts.

SUSD wellness policy vs regulations. Policies are legal guidelines that are non-specific and must be approved by the governing board. Regulations are standard operations (living document) that are more flexible and do not require board approval. Student hunger is a significant challenge that affects all SUSD schools. 23% of SUSD students receive free or reduced lunch. Maria Bauman, DCES parent and former AZ Healthy Schools Program Manager 40% of AZ children are overweight or obese. AZ is the fourth most overweight state for children. Encourage parents to think about what a healthy school looks like (physical education, health education, physical activity, emotional wellness) and get involved to support a culture of wellness at your child's school. Ask your kids questions (do they have enough time for lunch? Recess? Is recess used as a punishment/reward? Is enough water available throughout the day?) Take action. Model behavior, buy SUSD's healthy school lunches, eat lunch with your kids, volunteer during school lunch, communicate with admin, help write grants, volunteer at field day and fun run, demand more PE time and health education, and share your successes with other schools.

Patty Smith, school nurse Laguna Elementary Works with other school staff, parents, and students to create a culture of wellness. A site-based School Health Advisory Committee helps to promote and ensure a healthy campus through a variety of programs and projects including Fitness Club, Staff Wellness Fair, healthy potluck, raised garden beds for students to grow and eat veggies, grant writing which helped fund a staff work out room. Laguna is the model for site-based wellness. Emphasized the importance of recognizing children when they make healthy decisions to reinforce healthy behavior. Parent involvement is critical for initiating and maintaining wellness programs.

Sara Martinelli, Professor ASU College of Health Solutions, Board Member Blue Watermelon Project. Blue Watermelon Project is a group of chefs, farmers, and food policy advocates working to improve access to healthy foods especially in school settings. Encourages more people to voice their concerns regarding nutrition and health to administration and to volunteer in our schools. Feeding the Future Program pairs high school students with chef mentors to create recipes with ingredients that meet school nutrition guidelines. College scholarships are awarded to winning recipes and these recipes are shared with schools for actual use by their cafeterias.

Lou Rodarte, Volunteer Master Gardener, Echo Canyon, Board Member Blue Watermelon Project. Arizona School Garden Sustainability Summit, integrates curriculum with school gardening. Echo Canyon integrates school gardening into their academic curriculum. Students write, conduct experiments, learn about food sustainability, etc. Lou shared many pictures from the Echo Campus campus including the tortoise and butterfly habitats, raised and vertical gardens, Chef in the Garden events where children work with chefs to help cook their own meals from foods they've helped grow. Research shows health benefits associated with working outside. Blue Watermelon currently working with 21 schools and 25 chefs. Echo Canyon welcomes other schools to see their gardens as a class field trip!

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Member agenda items: \*

None

Board action(s) taken (including consent agenda): \*

Board members present unanimously approved meeting minutes from 12/2/19, 1/20/20, and 2/3/20, and treasurer's report from 2/2/2020.

Other: \*

None

Next Meeting (Location, Date & Time): \*

MM DD YYYY

03 / 04 / 2020

Minutes respectfully submitted by: \*

Brehan King

Minutes adopted into record on :

MM DD YYYY

/ /

# Google Forms