

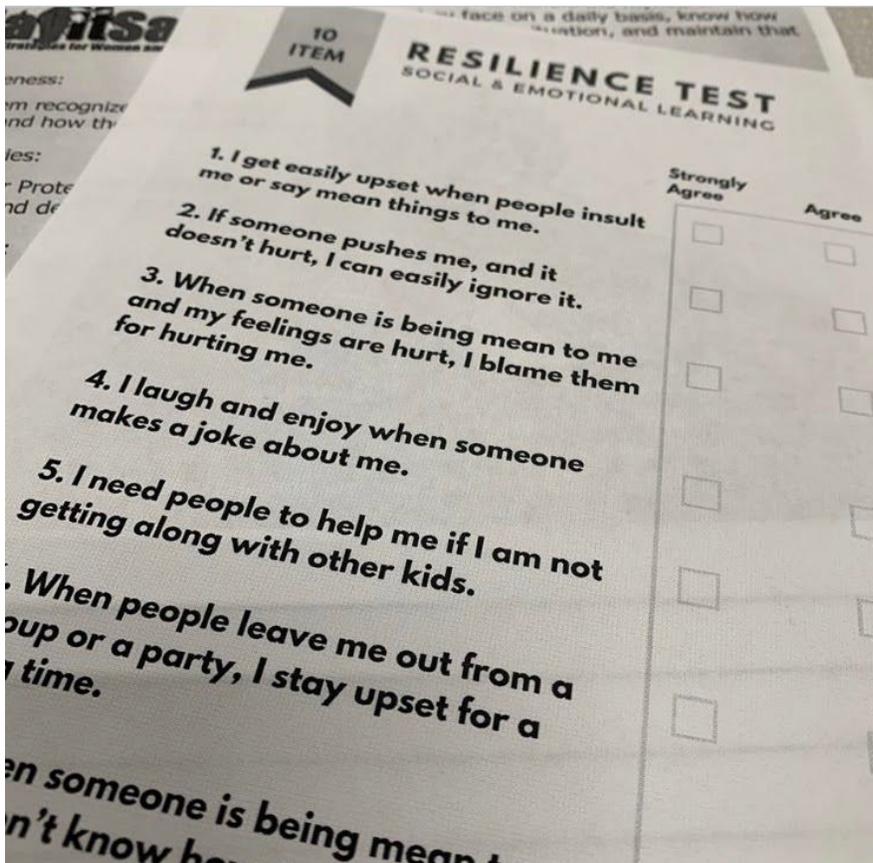
March General Meeting Takeaways

Our March meeting was all about safety and prevention. Attendees visited with Play it Safe, Coronado Principal Amy Palatucci, and Be Smart of Moms Demand Action in small group rotations

Play it Safe

Theresa Wnenta talked to us about her interactive program that teaches kids the ABCs of self-protection: awareness, boundaries, and confidence.

- Self-protecting emotions: Empower children to handle the myriad of challenges they face, know how to take control of situation, and maintain control as they get older
- Self-protecting from physical danger: Educate children that “Permission protects” both in-person and online. Good strangers don’t talk to children without permission, but a “tricky” stranger would.
- Self-protecting body safety and abuse prevention. Teach children to trust their intuition, understand boundaries, and build their confidence—they are the boss of their own bodies always!

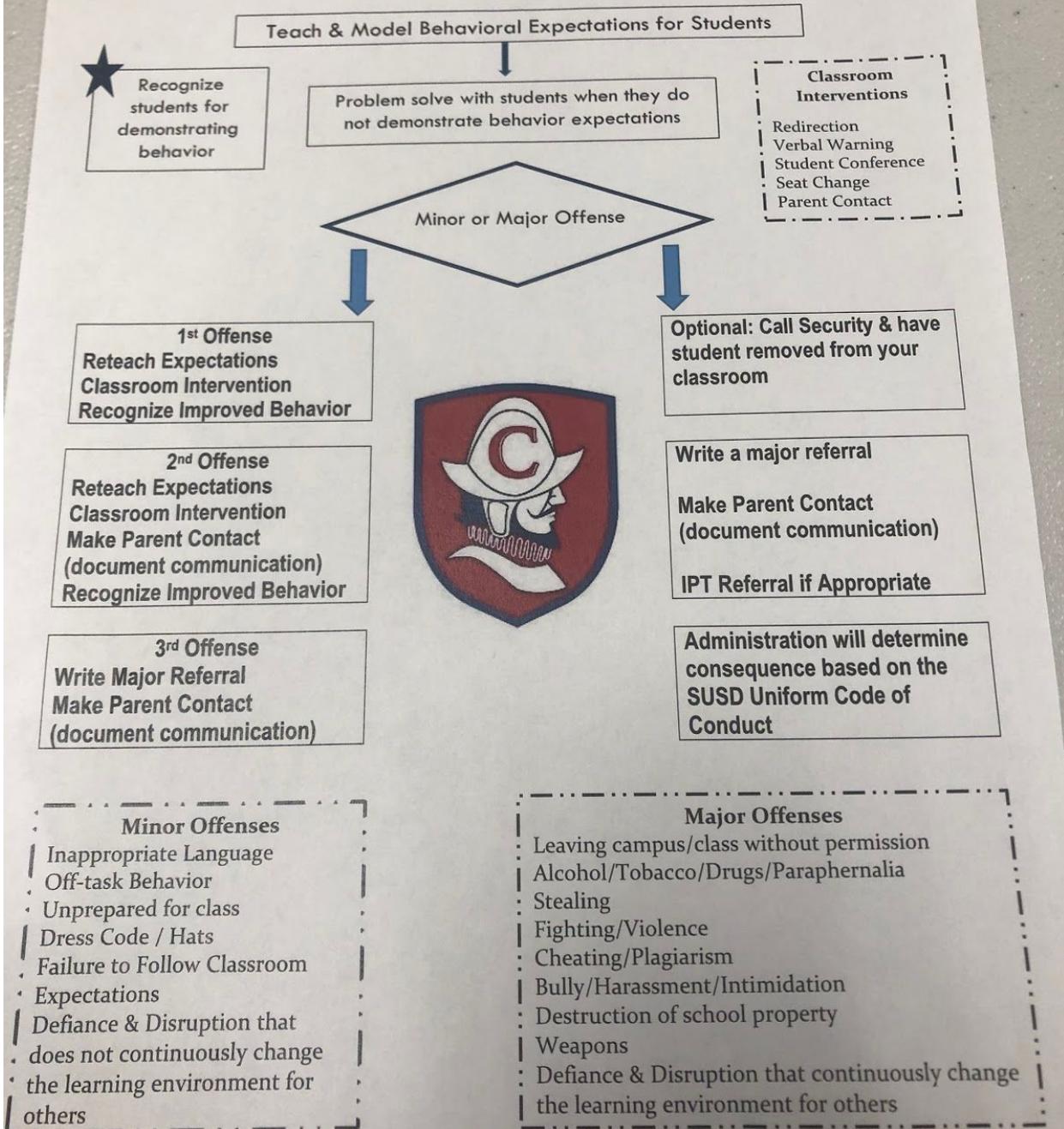


Amy Palatucci, Principal Coronado HS

Principal Palatucci spoke about Coronado High School's approach to creating a positive school culture and restorative practices.

- As part of their PBIS framework, they set clear expectations (“the big 3”) for all students, provide students with where to go for help, and encourage school involvement and a team approach between students, staff, parents and the community.
- All teachers follow same discipline protocol
- All teachers receive mental health first aid training
- Good behavior is acknowledged and reinforced
- Every staff person mentors 5 kids and write messages to those students on why they chose to mentor them
- Students are provided a “Who’s Who in the Guidance Hall” list of staff members to go to when they need help
- When expectations aren’t followed, students attend in school suspension and are supported with restorative practices which prevents kids from falling behind in school

Coronado Discipline Process



CORONADO



Tips for Prevention

DO

- Remain calm
- Isolate situation
- Enforce limits
- Be aware of non-verbals (yours/other person)
- Be consistent
- Offer water
- Offer fidget
- Offer time
- Listen empathetically
- Use restorative practices when possible

DON'T

- Overreact
- Get in a power struggle
- Make false promises
- Fake attention
- Be threatening
- Use jargon
- Make a situation physical
- Meet disrespect with disrespect
- Take it personally
- Use punitive practices when possible

Be Smart of Moms Demand Action for Gun Sense

Kristen Fruen and Candice Vodicka told us about the Be Smart program that focuses on educating the public on safe gun storage to help reduce gun deaths

- Gun deaths are the second leading cause of deaths among children in the US
- Access to a gun is associated with 3X increased risk of death by suicide
- 4.6 million children in the US live in a home with an unsecured gun
- 78 kids per day are injured or killed by firearms
- Research shows that education campaigns for safe gun storage are the most effective way to prevent firearm suicides
- They teach the SMART model. **S**ecure all guns, **M**odel responsible behavior, **A**sk about unsecured guns at other homes (play dates, housesitting), **R**ecognize the role of guns in suicide, and **T**ell your peers
- March 6th BeSafe will meet with James Dorr of SUSD to discuss ways of sharing gun safety information with families at our schools



BE SMART

Each year in the United States, nearly 260 children aged 17 and under gain access to a firearm and unintentionally shoot themselves or someone else. Nearly 600 more die by suicide with a gun each year. We have the power to prevent tragedies like these from happening.

Moms Demand Action for Gun Sense in America has developed the SMART framework to help parents and adults prevent child gun deaths and injuries.

Secure

all guns in your home and vehicles

Model

responsible behavior around guns

Ask

about the presence of unsecured guns in other homes

Recognize

the role of guns in suicide

Tell

your peers to be SMART

DID YOU KNOW

4.6 million American children

live in homes with guns that are both loaded and unlocked.

Every year, nearly 260 children

17 and under gain access to a firearm and unintentionally shoot themselves or someone else—sometimes fatally.

Every year, nearly 600 children

17 and under die by suicide with a gun.

Visit BeSMARTforKids.org to learn more and get involved.



SAFETY IS ALWAYS AN ADULT RESPONSIBILITY

Kids will be kids. They won't always make smart decisions about their own safety. Always assume that curious or impulsive kids may find and touch an unsecured gun, even if they've been told not to.

If a child handles a gun, a bad decision can quickly become a fatal one. SMART adults protect kids by storing guns locked, unloaded and separately from ammunition, and by making sure children are never in the presence of unsecured guns.

BE SMART

SECURE

all guns in your home and vehicles

MODEL

responsible behavior around guns

ASK

about the presence of unsecured guns in other homes

RECOGNIZE

the role of guns in suicide

TELL

your peers to be SMART

For more information on what you can do to keep kids safe, visit

BeSMARTforKids.org

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